

We are always appreciative of our volunteers and donors but we are especially thankful during Pledge time.

Thank you so much to our volunteer workforce who spent their evenings, and some mornings, calling their friends and neighbors asking them to continue to support the pregnant moms and babies helped by Pregnancy & Parenting Support.

A very special thanks to our "Elite" supporters, the title we have given those of you who have been with us for 20 years or more. We sent special letters prior to the start of Pledge Drive, and we followed up with calls when possible. It was heartwarming to receive your special notes and to talk with some of you. One of these days, we will get our photo albums organized and invite you to come to the office as we enjoy looking back on the "old days" – as well as marveling over the "new days"!

You obviously are dedicated to see that we keep going -- you responded with generosity. As this goes to print, we have heard from 80 of you, with donations of over \$25,000! THANK YOU! If you haven't gotten around to sending in your donation, it's not too late. We need you to help us reach our goal of \$75,000 so we can continue to help pregnant women and infants in our county.

This year we have experienced a 50% increase in the number of families needing our services in both SLO and South County, and a 30% increase in North County. We have provided over 14,000 diapers to infants and toddlers in our County and our trained staff supported over 200 moms concerned about postpartum mental health.

We supplied 100 babies with newborn layettes and trained 100 families on infant car seat safety and provided new car seats for their baby. Families are provided with infant essentials including clothing, diapers and equipment valued up to \$1200 in the baby's first year.

Through the generosity of community members such as yourselves, each and every month over 100 families are able to utilize the services offered by Pregnancy & Parenting Support . Thank you.

Gratefully,

Liz Clarke

Thank you to our

2018 Pledge Drive Volunteers

Clarice Bell	Sal Caminado
Pat Cano	Liz Clarke
Claudia Dignan	Joe DiVincenzo
Anne Marie Drabinski	Vicki Furnis-Lawrence
Sallie Joyce Higgins	Madeleine Johnson
Julie Jones	Christine Kasper
Barbara Keep	Margaret King
Sandy Kopper	Teresa La Freniere
Claire Livengood	Karol Long
Renae Lyon	Joyce Miller
Mike Miller	Heidi Monson
Alanna Owen	Ingrid Pires
Armida Robb	Tess Stapleton
Shirley Thomas	Lena Thompson
Ruth Vasconellos	Diane Wettlaufer

Special thanks to Sal Caminado and Joe & Debbie DiVincenzo for the use of their homes for calling evenings.

Also to Pat Cano, Liz Clarke, Fay Johnson, and Barbara Keep for organizing volunteers.

We could not have done it without you!



2017- 2018 Volunteer of the Year Vicki Furnis-Lawrence

This year we, honor Vicki Furnis-Lawrence for her compassionate, caring nature, her support and her sense of humor! Vicki, a diehard Dodger fan, sea glass collector, and retired San Luis Coastal school teacher, has been volunteering weekly with us for the past 2+ years. She is focused, organized and task oriented — willing do whatever is needed with a smile, no matter what! She and her husband, Stan, were instrumental in helping with our move last year. They packed, unpacked, built shelves and furniture for us.

When asked why she volunteers she responded “I guess the biggest reason is I needed a purpose and Pregnancy & Parenting Support fills that need. As the daughter of a single mother, I feel I know that I am helping, just a bit, in making someone else’s life a little better. I so enjoy the kindness the three outstanding women, Patti, Flora and Norma, show each client that walks through the door. The variety of help they are able to give always amazes me and warms my heart. I am proud to help out once a week and am constantly humbled by the struggles many families are going through.” Thank you for your kind words Vicki, and for everything you do for us, and the families we serve.



Charitable Bequest

Please consider a Charitable Bequest, a legacy, to honor a friend or family member. A charitable bequest is simply a distribution from your estate to a charitable organization through your last will and testament. There are different kinds of bequests using very specific language to indicate the precise direction of your assets, and to successfully carry out your final wishes. In any charitable bequest, be sure to name the recipient accurately, including the federal tax identification number. For more information, contact us at 805-541-3367.

Hearts and Flowers

NAMES IN THE NEWS: Long time supporter Wayne Dengate received the Campfire Luther Halsey Gulick award for extraordinary leadership and faithful volunteerism. Bryan Gingg was awarded a posthumous Lifetime Achievement Award from Paul Wolff Accessibility Advocacy. The dedicated lives of Arby and Jeannie Kitzman were the topic of a recent Journal Plus article. Liz and Dan Krieger have been honored for promoting the MLK, Jr. Scholarship Program. Sandy Sigurdson is the interim CEO of the SLO Chamber of Commerce.

Not in the news, but in our hearts, is Betty De Paul who has moved to be near her family in Washington. Betty was a volunteer and supporter for over 30 years, the go-to capable and caring person for our “hard cases”. We miss you, Betty.

HEALING THOUGHTS go to Carole and Joe Brundage, Chuck Clarke, Joan Duclos, Sally Equinoa, Gladys Fraund, Douglas Genereux, Daphne Kessenger, Donna LaFreniere, Mary Lanigan, Carol Martin, Bill and Freda Murphy, Pat Nulton, Trudy Nungary, Nancy Page, Tony Pires, Diane Silacci, and Bob Wunderlich.

REMEMBERING longtime supporters – our condolences to the families and friends of Al Amaral, Bryan Gingg, Eleanor Coverdale, Walter Gonyer, Paula Gurney, Jackie Hofmeister, Bea Jeong, Julia Keefe, Jack Lanigan, Robert McLean (husband of one of our earliest volunteers), Mary Middlecamp, Joan Millar, Marge Montague, Maria Mulder, and Mary Norby.

San Luis Obispo ALPHA, Inc.
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San Luis Obispo, CA 93401

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ALPHA, INC

PERMIT No. 200

Every child deserves a healthy beginning.



Are you looking for the perfect, personalized gift
this holiday season?

Have you thought about sponsoring a Pregnancy &
Parenting Support family?

Give a gift that keeps on giving all year long by supporting
a program that helps over 500 families each year.

Your gift of ...

- ⇒ \$1000 provides a year of family advocacy services for pregnant moms at satellite sites throughout the county
- ⇒ \$800 provides 1 year of diapers for an infant
- ⇒ \$500 provides newborns with:
 1. a layette with sleepers and clothing up to 3 months size, blankets, bath towels, diapers, bottles and formula
 2. a car seat, pack-n-play and a stroller
- ⇒ \$100 provides a counseling session for a pregnant or postpartum mom concerned about maternal mental health
- ⇒ \$80 provides a convertible infant car seat for a child 5 to 50 lbs
- ⇒ \$20 provides a can of infant formula or 3 days worth of meals

Your gift will brighten the futures of parents and their children in San Luis Obispo County, and together we can build a stronger community strengthening families and providing a healthy and safe start for their baby.

You can make a one time donation or opt to make payments. Contact our office to set up a monthly or quarterly payment schedule.
Thank you for your generosity.

Pregnancy and Parenting Support of San Luis Obispo County
Formerly ALPHA
3480 S. Higuera St, #100
San Luis Obispo, CA
805.541.3367

Follow us on Facebook @ SanLuisObispoALPHA or visit: www.ppslo.org

Be Part of Our Team... Volunteering

Do you have a few extra hours a week? If you enjoy working in an office environment that is organized and friendly, come join the team.

We are currently in need of a few dedicated volunteers to support our staff. Please give us a call if you would like to be part of our team.